

British Equestrian Vaulting

LEVEL 1 VAULTING ASSESSMENT

NAME _____ MOBILE NUMBER _____

DATE OF BIRTH (+ AGE) _____

ASSOCIATED CLUB (IF ANY) _____

BEV MEMBERSHIP NUMBER _____

REQUIREMENT	DATE	ASSESSOR
Disclosure/PVG or CRB/DBS check		
Safeguarding course		
First Aid Certificate		
Session Plan		
Completed Risk Assessment		
Logbook 30 hours (20 hours if completed Barrel Assistant level)		

The following scoring to be used for the assessment.

Any score below 5 will require reassessment of that section on another date.

10	Excellent	4	Insufficient
9	Very Good	3	Fairly Bad
8	Good	2	Bad
7	Fairly Good	1	Very Bad
6	Satisfactory	0	Not Performed
5	Sufficient		

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	ASSESSMENT All coaching to be done when not lunging the horse	SCORE 10 - 0	ASSESSOR
1	Warm up vaulters with games/exercises		
2	Lead vaulters in stretching		
3	Describe Pre-Novice Compulsories		
4	Describe Novice Compulsories		
5	Describe/demonstrate how to enter the circle and wait to approach the horse		
6	Describe/demonstrate how to approach the horse down the lunge line		
7	Describe/demonstrate how to walk with the horse prior to mounting		
8	Describe/demonstrate how to run next to the horse in time and with good posture		
9	Describe/ demonstrate how to give an assisted mount in walk		
10	Coach and correct faults - Basic seat in walk (Pre Novice and Novice arms)		
11	Coach and correct faults - Leg Raises in walk		
12	Coach and correct faults - Bench in walk		
13	Coach and correct faults - Simple dismount in walk		
14	Coach and correct faults - Flag leg only in walk		
15	Coach and correct faults - Free Kneel in walk		
16	Coach and correct fault - Leg changes in walk		
17	Coach and correct faults - Basic seat in canter (Pre Novice and Novice arms)		
18	Coach and correct faults - Leg Raises in canter		
19	Coach and correct faults - Bench in canter		
20	Coach and correct faults - Simple dismount in canter		
21	Coach and correct faults - Flag leg only in canter		
22	Coach and correct faults - Free Kneel in canter		
23	Coach and correct fault - Leg changes in canter		
24	Is the mount and dismount scored in Pre Novice compulsories		
25	Is the mount and dismount scored in Novice Compulsories		
26	Can assistants be used in Pre Novice competitions, if so what for?		
27	Can assistants be used in Novice competitions, if so what for?		
28	What pace can mounts and dismounts be performed in Pre- Novice and Novice?		
29	Coach a freestyle on the horse in walk (using the barrel first if required)		
30	Coach simple freestyle moves in canter		
31	Safe and correct instructions to achieve improvements		
32	Communication skills with vaulters		
33	Cool down of vaulters		
34	Debrief of vaulting session with vaulters		
35	Name some unsafe practices – involving the barrel		
36	Name some unsafe practices - involving the horse		
37	Name some unsafe practices - involving vaulters		
38			
39			
40			
41			
42			

DATE OF COMPLETED ASSESSMENT _____

 Please return this completed form to Rebecca Hewit at becsmorgan@hotmail.com

Please include copies of relevant certificates.