

British Equestrian Vaulting

LEVEL 1 LUNGING ASSESSMENT

NAME _____ MOBILE NUMBER _____

DATE OF BIRTH (+ AGE) _____

ASSOCIATED CLUB (IF ANY) _____

BEV MEMBERSHIP NUMBER _____

REQUIREMENT	DATE	ASSESSOR
Disclosure/PVG or CRB/DBS check		
Safeguarding course (not essential)		
First Aid Certificate (not essential)		
Completed Risk Assessment		

The following scoring to be used for the assessment.

Any score below 5 will require reassessment of that section on another date.

10	Excellent	4	Insufficient
9	Very Good	3	Fairly Bad
8	Good	2	Bad
7	Fairly Good	1	Very Bad
6	Satisfactory	0	Not Performed
5	Sufficient		

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NAME _____

	ASSESSMENT	SCORE 10 - 0	ASSESSOR
1	Leading a horse		
2	Tying up a horse		
3	Grooming and picking out of feet		
4	Tacking up for vaulting (with an assistant if required)		
5	Discuss and check for signs of worn tack		
6	Fitting boots on the horse (or bandages)		
7	Adjusting the girth		
8	Warm the horse up without and with side reins		
9	Competence putting the horse out on the circle		
10	Correct handling of the lunge line		
11	Correct posture and positioning when lunging		
12	Demonstrate use of natural and artificial aids (voice/whip) for transitions and control of horse		
13	Ability to change the rein competently		
14	Is the horse under control and forward		
15	Recognise the correct leading leg in canter		
16	Know what a disunited canter is		
17	Lunge the horse in walk with vaulters doing compulsories (PN & N)		
18	Lunge the horse in walk for Individual free style		
19	Lunge the horse in walk for P de D freestyle		
20	Lunge the horse for PN compulsories in trot and/or canter		
21	Explain the safe practice rules of lunging in the company of other horses		
22	Discuss signs of distress in the horse		
23	Discuss signs of pain in the horse		
24	Describe how to recognise an unsound horse		
25	Interacts with vaulters correctly		
26	Interacts with assistants and coaches correctly		
27	Basic points of the horse		
28	Colours and markings of horses		
29	Suitable types of horses for vaulting		
30	Signs of good health in the horse		
31	Who to notify if there are concerns about the horse's well being		
32	Who can warm up a horse at a BEV competition		
33	Methods of cooling down the horse after a vaulting session		
34	What is the minimum size of a lunge circle for training/competition		
35	Where and how can the lunge line be attached to the horse		
36	What bits are permissible in vaulting		
37			
38			
39			
40			
41			
42			

DATE OF COMPLETED ASSESSMENT _____

Please return this completed form to Rebecca Hewit at becsmorgan@hotmail.com