



# British Equestrian Vaulting Policy

## BEV Qualifications – Level 1

Issue A  
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### **Level 1 Training and Assessment**

Aim of the training and assessment is to establish competency in various skills. Some are fact based but many are practical based

### **Must be a full member of BEV**

1. Identify a mentor within your own club or within another club who will provide help and support. Need a list of mentors – they should be active level 2 or higher coaches who have a regular CPD attendance.
2. Register as a trainee coach with BEV and start to keep your logbook. Logbook should state which clubs you intend to work with and who is your mentor. Read and understand code of conduct and BEV rules.
3. Complete safeguarding course and first aid certification prior to assessment
4. Work through written syllabus: Read BEV Rules, FEI rules, use FEI campus on horsemanship.
5. Learn to apply the practical skills. Mentor should be guided by the assessment principles to ensure that trainee is capable/competent in all areas before the assessment.
6. Mentor can lead the trainee through the training BUT cannot assess them which must be done by an independent level 2 coach. I would suggest that mentors agree to also assess a trainee from other clubs.
7. Trainee should provide videos of them warming up vaulters and horse, lunging, coaching compulsories and designing a freestyle on a barrel for 3 vaulters and cool down process.

### **Example:**

Gillian wants to be a coach she identifies Clare as her mentor  
She learns her craft at Clare's club and when she is deemed ready another coach (Becca) will assess her by Becca travelling to Clare's club for assessment  
The assessing coach feeds back to the mentor and trainee where areas are passed but still need improvement or areas that were failed.

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### LEVEL 1 ASSESSMENT STANDARDS

Capability	Action Required	Capable	Proficient
<b>Pre-session Checks</b>			
Logbook	No evidence of coaching hours or hours below required level (30-40 hours required)	All required modules/ certificates present	All requested and further modules/ certificates present
Health and Safety	No understanding of basic safeguarding principals, accident reporting, appropriate clothing	Understanding of basic safeguarding principals, accident reporting, appropriate clothing	Safe Guarding course completed, understands accident reporting and can confidently talk about appropriate clothing
Prepare to vault	At risk leading a horse/pony. Doesn't know how to: tack up, put on boots or bandages check or adjust side reins or girth. Cannot identify signs of worn tack	Lead a horse/pony. Knows how to tack up, boots or bandages and Check & adjust girth. Adjust side reins appropriately Can identify worn tack	Confident handling horse/pony. Able to tack up, boots or bandages and checks girth and side reins. Understands different types of rollers and basic understanding of side rein use. Identifies worn tack and stitching
Session Plan	Not able to plan part of a session or identify goals for participants	Able to structure either written or verbally a part session plan and verbally able to identify participants goals	Prepared written session plan, identifying goals
Risk Assessment	Unable to identify potential risks in the session. Doesn't know the purpose or structure of a risk assessment General lack of awareness	Able to identify potential risks, understands the purpose of a risk assessment. Discussion about the use of protective headwear	Prepared written risk assessment, understands purpose and demonstrates knowledge of mitigation
Selection of Equines	No awareness of vaulting horse suitability	Able to identify basic characteristics of a vaulting horse i.e. temperament, size	Demonstrates with reasoning suitability of vaulting horse for a session
<b>Mounting and Dismounting</b>			
Safe and Effective Mounting and Dismounting	Inappropriate method of mounting or dismounting vaulters. Doesn't understand own ability for legging up	Can demonstrate appropriate method of mounting and dismounting vaulters. Use of leg up on barrel or horse.	Can demonstrate and explain appropriate methods of mounting and dismounting vaulters. Use of leg up on barrel or horse.

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		Understands own weight limit for legging up	Understands own weight limit for legging up
Mount to Basic Seat Technique	No Understanding of basic mechanics of mounting	Understands basic mechanics of mounting. Head placement, going over handles and outside leg up and over	Understands and can begin to improve by coaching techniques for basic mechanics of mounting. Head placement, going over handles and outside leg up and over
<b>Knowledge and Rapport with Riders and Volunteers</b>			
Preparation & Communication	Disorganised in session, being poorly prepared with activities. Struggles to communicate with participants	Shows signs of organisation in session, being prepared with activities. Able to communicate with participants	Actively assists in organisation of session, being prepared with activities. Able to confidently communicate with participants and build rapport
Leadership	Shy away from leading activities, unable to control activity	Able to lead an activity set out by session coach	Confidently leads activity autonomously
Medical Conditions	No basic understanding of the varying needs of participants in sessions	Application form seen, basic understanding of participants in sessions needs	Application form seen, basic understanding of participants in session's needs. Knows where to go for advice.
Volunteer Involvement	Doesn't engage or ask for assistance from other volunteers	Uses volunteers to support activity	Interacts with volunteers to support activities able to guide volunteers in supporting
<b>Coaching Skills</b>			
Learner Centred Coaching Skills	Unsafe instruction, struggled to give clear instruction.	Safe, positive and clear instructions. Demonstrates different learning strategies i.e. show and tell, set up and stand back	Safe, positive and clear instructions. Demonstrates different learning strategies i.e. show and tell, set up and stand back, question and empower.
Listens	One way traffic	Listens to the feedback from the participant	Listens to the feedback from the participant and asks questions to establish more detail

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Encourage and Reward Positive Behaviour	Focus is on negative behaviour	Reinforces positive behaviour. Treats volunteers, participants and equines with respect	Skillfully reinforces positive behaviour. Treats volunteers, participants and equines with respect
<b>Technical Instruction</b>			
Position & Posture	Incorrect position on the horse/ pony. Doesn't understand balance, security or straightness.	Correct position on the horse/ pony. Understands balance, security and straightness.	Correct position on the horse/ pony. Understands balance, security and straightness. Makes uses exercises or makes simple improvements to improve position.
Warm up & cool down	Doesn't understand principal of warming up or cooling down unable to outline exercises that could be used	Understands principal of warming up and cooling down able to outline exercises that could be used	Understands principal of warming up and cooling down. Able to lead warm up, good number of exercises. Static and dynamic
Compulsory Exercises	Doesn't know Pre-Novice Compulsory Exercises or how to approach and depart from the horse	Can take a vaulter through Pre-Novice Compulsory Exercises and how to approach and depart from the horse	Can take a vaulter through Pre-Novice Compulsory Exercises and how to approach and depart from the horse, able to make basic improvements
Freestyle	Not able to design a simple freestyle for up to 3 vaulters on the barrel	Design a simple freestyle for up to 3 vaulters on the barrel Group control	Design a simple freestyle for up to 3 vaulters on the barrel. Understands basic scoring system Group control
Equine (lunging)	Incorrect use of aids and general lack of control when lunging.	Use of natural aids (voice) & artificial aid (whip, when and when not to use). Demonstrates and understands basic control. Lunge with vaulter up. Cool down of horse.	Warm up horse with or without vaulters, changing the rein. Use of natural aids (voice) & artificial aid (whip, when and when not to use). Demonstrates and understands basic control, rhythm and balance of horse. Lunge with vaulter up. Cool down of horse.
<b>Summarising Progress and Achievement</b>			
Goal Setting	No ability to identify any goals or targets	Able to describe and identify goals for participant or self	Able to describe and identify goals for participant or self and how they are going to achieve them

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Feedback	Unable to give participant some feedback on the session Resistant to feedback on self	Able to give participant some feedback on the session Receptive to feedback on self	Able to give participant some feedback on the session and asks questions to receive feedback or build upon participant feedback. Receptive to feedback on self
CPD	Attended no training	Taken part in some training. Engaged with mentor	Actively seeks training opportunities. Engaged with mentor
Theoretical			
General Knowledge	No idea of other disciplines, RDA, BEV or the BEF	Can Identify a couple of other disciplines, understands who are RDA, BEV and BEF	Confidently lists a number of other disciplines, understands the basic structure of RDA, BEV and BEF
Equine Anatomy/ Physiology	Cannot identify basic points of the horse, colours, and markings. Signs of good health	Can Identify basic points of the horse, colours, and markings. Signs of good health	Confidently identify basic and some more complex points of the horse, colours, and markings. Signs of good health
Basic Knowledge of equine behaviour/ psychology	No understanding of natural lifestyle or safe methods of handling	Understanding of natural lifestyle and safe methods of handling	Good understanding of natural lifestyle and safe methods of handling
First Aid Procedure	No awareness or basic knowledge of what to do in the case of an emergency: understanding of CPR and recovery position	Awareness and basic knowledge of what to do in the case of an emergency: understanding of CPR and recovery position	Emergency First Aid Certified (1 day course)