FREESTYLE MOVES AND GUIDELINES

Level 4

Perform 8 out of 10 at canter on either rein

Push up position holding handles



Prince seat forward



Plank across horse



Back ward tailors seat



Inverted bench on leg extended



Liz Watson
BEV Ltd Awards Scheme Coordinator



Forward arabesque on back



Backward Prince Seat on neck foot in handle.



Split legs off



Mount to knees, bunk allowed



Push up on rump

