

FREESTYLE MOVES AND GUIDELINES

Level 1

Perform 8 out of 10 moves at walk
on either rein



Forward Prince seat



Push up on rump



Push up position holding handles



Mount to knees with bunk



Split legs off



Liz Watson
BEV Ltd Awards Scheme Coordinator

Plank across horse



Star facing forwards



Backward tailors seat



Inverted bench



Arabesque holding handles



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