## **COMPULSORIES MOVES AND GUIDELINES**

Level 1

Perform 7 out of 9 moves at walk on either rein



**AWARD SCHEME** 

Approach horse correctly at walk



Mount to basic with bunk



Sideways seat rear arm stretched out (inside and outside)



Basic seat clapping hands x4



**Forward Swing** 

**Leg Changes** 



**Bench** 



Simple dismount to inside









Liz Watson BEV Ltd Awards Scheme Coordinator January 2007